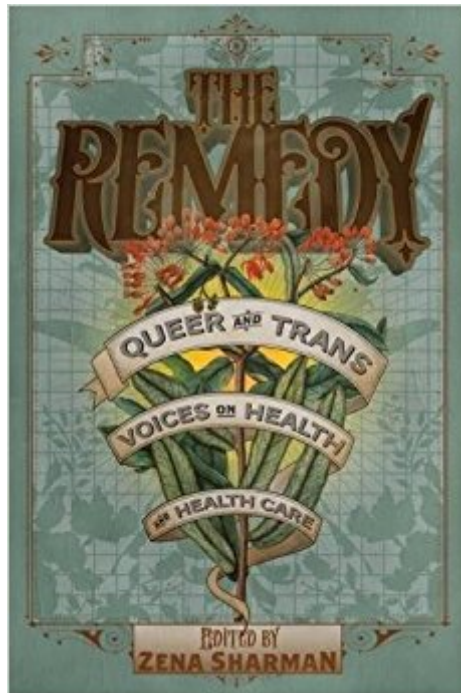




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# The Remedy: Queer And Trans Voices On Health And Health Care



## Synopsis

Winner, Lambda Literary Award (LGBT Anthology) The Remedy invites writers and readers to imagine what we need to create healthy, resilient, and thriving LGBTQ communities. This anthology is a diverse collection of real-life stories from queer and trans people on their own health-care experiences and challenges, from gay men living with HIV who remember the systemic resistance to their health-care needs, to a lesbian couple dealing with the experience of cancer, to young trans people who struggle to find health-care providers who treat them with dignity and respect. The book also includes essays by health-care providers, activists and leaders with something to say about the challenges, politics, and opportunities surrounding LGBTQ health issues. Both exceptionally moving and an incendiary call-to-arms, The Remedy is a must-read for anyone—gay, straight, trans, and otherwise—passionately concerned about the right to proper health care for all. Contributors include Amber Dawn, Sinclair Sexsmith, Francisco Ibanez-Carrasco, Cooper Lee Bombardier, Kara Sievwright, and Kelli Dunham. Zena Sharman is a passionate advocate for queer and trans health. She has over a decade's experience in health research; currently she is Director of Strategy at the Michael Smith Foundation for Health Research. Zena is also co-editor of Persistence: All Ways Butch and Femme. She lives in Vancouver, British Columbia.

## Book Information

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## Customer Reviews

"This anthology on health care for queer and transgender people is as much an archive of experience as it is a call to action ... It's a must-read for health care professionals and students going into the field, those navigating the system or supporting others through it, and anyone

interested in honest, informed writing on the subject." â Publishers Weekly "I loved reading The Remedy â what a wonderful compilation of diverse voices! This anthology demonstrates just how important it is for queer and trans people to tell their stories, and for the health care community to listen." â Laura Erickson-Schroth, MD, and editor of Trans Bodies, Trans Selves "The Remedy provides a rich tapestry of narratives across the spectrum of human sexuality and includes descriptions of innovations from committed health professionals who address the many gaps in providing attuned, informed care to queer and trans people." â Allan Peterkin, MD, and co-author of Caring for Lesbian and Gay People: A Clinical Guide "The Remedy is a bandage lovingly placed on the open wounds of every LGBTQAI person afraid of going to a doctor. This book does not just ask doctors to follow the oath of 'first do no harm'; it also demands medical practitioners respect, understand, and affirm our queer lives, bodies, and families. The Remedy is the collection of healing and solidarity queers desperately need." â Sassafras Lowrey, author of Lost Boi "This anthology on health care for queer and transgender people is as much an archive of experience as it is a call to action ... Itâs a must-read for health care professionals and students going into the field, those navigating the system or supporting others through it, and anyone interested in honest, informed writing on the subject." â Publishers Weekly "I loved reading The Remedy â what a wonderful compilation of diverse voices! This anthology demonstrates just how important it is for queer and trans people to tell their stories, and for the health care community to listen." â Laura Erickson-Schroth, MD, and editor of Trans Bodies, Trans Selves "The Remedy provides a rich tapestry of narratives across the spectrum of human sexuality and includes descriptions of innovations from committed health professionals who address the many gaps in providing attuned, informed care to queer and trans people." â Allan Peterkin, MD, and co-author of Caring for Lesbian and Gay People: A Clinical Guide "The Remedy is a bandage lovingly placed on the open wounds of every LGBTQAI person afraid of going to a doctor. This book does not just ask doctors to follow the oath of 'first do no harm'; it also demands medical practitioners respect, understand, and affirm our queer lives, bodies, and families. The Remedy is the collection of healing and solidarity queers desperately need." â Sassafras Lowrey, author of Lost Boi

**Zena Sharman:** Zena Sharman is a passionate advocate for queer and trans health. Zena is also co-editor of Persistence: All Ways Butch and Femme. Currently she is Director of Strategy at the Michael Smith Foundation for Health Research.

Awesome book!!!!

I really enjoyed this anthology. I read an advanced review copy in PDF form, so there was one thing- a comic I believe- that I could not read because the graphic in the file froze my ereader. That's the only part I cannot review. The rest of the book was lovely. Remedy is a collection of authors from diverse identities and backgrounds sharing healthcare tips for LGBTQ... folks and their providers, experiences with healthcare and healthcare systems, and interviews with people doing really cool healthcare and support projects for LGBTQ... people. I am a disabled queer and trans person and I don't get out much, so I was pleasantly surprised to see some names in this book that I not only recognized and admired the work of, but also people I knew personally on top of that. I like when an anthology is able to include a variety of voices. A collection that is far-reaching and not only composed of those with the biggest names or price tags is one that is going to have the best representation- and I think this one does. It especially has a high representation of LGBTQ folks of color which is unfortunately unfamiliar in many anthologies. Zena Sharman did well editing Persistence and she did well editing this as well.

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